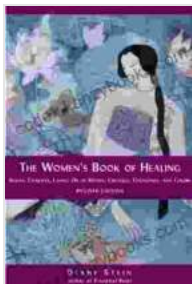


Auras, Chakras, Laying On of Hands, Crystals, Gemstones, and Colors: Your Essential Guide to Energy Healing



The Women's Book of Healing: Auras, Chakras, Laying On of Hands, Crystals, Gemstones, and Colors

by Diane Stein

★★★★☆ 4.6 out of 5

Language : English
File size : 1781 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 336 pages



Unveil the Secrets of Vibrational Healing and Transform Your Life

Have you ever wondered about the unseen forces that govern our well-being? In "Auras, Chakras, Laying On of Hands, Crystals, Gemstones, and Colors," we delve into the fascinating world of energy healing, empowering you to unlock your innate healing abilities.

Chapter 1: The Energy Field and Auras

* Discover the invisible energy field that surrounds us and how it affects our physical, emotional, and spiritual health. * Learn about the different types of auras and their significance. * Explore techniques for cleansing and protecting your aura.

Chapter 2: The Chakra System

* Unveil the seven major chakras along the spine and their unique properties. * Understand how imbalances in the chakras can manifest as physical and emotional ailments. * Discover exercises and meditations to balance and activate your chakras.

Chapter 3: Laying On of Hands

* Master the ancient practice of laying on of hands for healing and energy transfer. * Learn about the different hand positions and techniques. * Explore the benefits of laying on of hands for stress reduction, pain relief, and emotional healing.

Chapter 4: Crystals, Gemstones, and Colors

* Discover the healing properties of crystals, gemstones, and colors. * Learn how to select the right crystals for specific ailments and intentions. * Explore the powerful effects of color therapy on mood, energy levels, and well-being.

Chapter 5: Energy Healing in Practice

* Apply the principles of energy healing to your own life. * Learn step-by-step instructions for self-healing techniques. * Discover how to use energy healing to enhance relationships, attract abundance, and manifest your dreams.

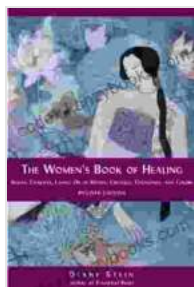
Benefits of Reading "Auras, Chakras, Laying On of Hands, Crystals, Gemstones, and Colors":

* Enhance your understanding of energy healing and its role in your well-being. * Develop your intuition and ability to sense subtle energies. *

Empower yourself with practical tools and techniques for self-healing and energy balancing. * Create a more harmonious and fulfilling life by harnessing the power of energy healing. * Experience a deeper connection to yourself, others, and the universe.

Free Download Your Copy Today and Embark on an Extraordinary Journey of Energy Healing

Whether you're a seasoned energy healer or a curious beginner, "Auras, Chakras, Laying On of Hands, Crystals, Gemstones, and Colors" is an invaluable resource for anyone seeking to unlock their healing potential. Free Download your copy today and embark on a transformative journey of self-discovery and energy healing.



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