

Feel Meh: A Must-Read for Empaths and Sensitives

By Dj Corchin

Are you an empath or sensitive person? Do you often feel overwhelmed by the emotions of others? Do you find it difficult to set boundaries and protect your own energy?



I Feel... Meh by DJ Corchin

★★★★☆ 4.5 out of 5

Language : English

File size : 2975 KB

Screen Reader : Supported

Print length : 56 pages



If so, then you need to read *Feel Meh*. This groundbreaking book is a roadmap for understanding and navigating the unique challenges and gifts of being an empath or sensitive person.

Feel Meh is written by Dj Corchin, a world-renowned expert on empaths and sensitives. Dj has spent years studying and researching this trait, and she has a deep understanding of the challenges and opportunities that empaths and sensitives face.

In *Feel Meh*, Dj shares her personal story of growing up as an empath, and she provides practical exercises and tools that can help you to:

- Understand and accept your empathic nature
- Set boundaries and protect your energy
- Develop your intuition and spiritual gifts
- Create a life that is fulfilling and meaningful

If you are an empath or sensitive person, then *Feel Meh* is a must-read. This book will help you to understand yourself better, and it will provide you with the tools you need to live a happy and fulfilling life.

What people are saying about *Feel Meh*:



““Feel Meh is a groundbreaking book that has the power to change the lives of empaths and sensitives everywhere. Dj Corchin writes with compassion and understanding, and she provides practical tools and exercises that can help you to navigate the challenges and embrace the gifts of your unique nature.” - Dr. Judith Orloff, author of The Empath's Survival Guide”



““Feel Meh is a must-read for anyone who has ever felt like they were too sensitive for this world. Dj Corchin provides a roadmap for understanding and accepting your empathic nature, and she offers practical tools for protecting your energy and living a fulfilling life. This book is a gift to all

***empaths and sensitives."* - Anita Moorjani, author of *Dying to Be Me*"**

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****Alt attribute for image:**** A photo of Dj Corchin, the author of *Feel Meh*, smiling and holding a copy of the book.



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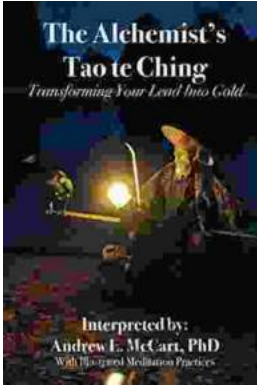
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