

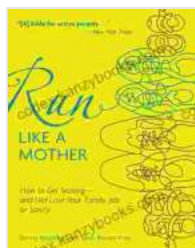
How To Get Moving And Not Lose Your Family, Job, Or Sanity

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Moving is one of the most stressful life events, ranking just behind death of a loved one and divorce. It's no wonder that so many people dread the thought of moving, and some even put it off for years. But if you're facing a move, don't despair. With the right planning and preparation, you can get moving without losing your family, job, or sanity.

Planning Your Move:

The first step to a successful move is to plan ahead. Start by creating a timeline and a budget. This will help you stay organized and avoid costly surprises. Once you have a plan, you can start to tackle the tasks involved in moving, such as packing, cleaning, and arranging for utilities.



Run Like a Mother: How to Get Moving--and Not Lose Your Family, Job, or Sanity by Dimity McDowell

★★★★☆ 4.4 out of 5

Language : English
File size : 3185 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 226 pages
Lending : Enabled

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Packing and Cleaning:

Packing is one of the most time-consuming tasks involved in moving. To make it easier, start early and pack a little bit each day. Be sure to label your boxes carefully and keep a list of what's in each box. This will make it easier to find your belongings when you arrive at your new home.

Cleaning is another important task that should be started early. The sooner you start cleaning, the less stressful it will be. Focus on cleaning the areas that will be most affected by the move, such as the kitchen, bathrooms, and closets.

Moving Day:

Moving day is the big day! To make it go as smoothly as possible, be sure to get a good night's sleep and eat a healthy breakfast. On moving day, arrive at your new home early and start unloading the truck. If you're hiring movers, be sure to give them clear instructions on where to put your belongings.

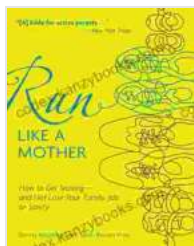
Settling In:

Once you're settled into your new home, it's time to start unpacking. Take your time and unpack a little bit each day. This will help you avoid feeling overwhelmed. Be sure to put away your essentials first, such as clothes, toiletries, and kitchenware.

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Moving is a stressful life event, but it doesn't have to be a nightmare. With the right planning and preparation, you can get moving without losing your

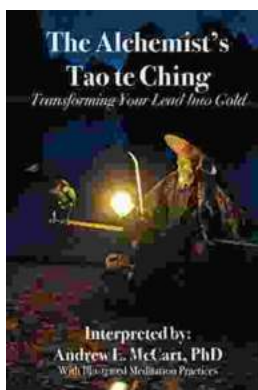
family, job, or sanity. So what are you waiting for? Start planning your move today!



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