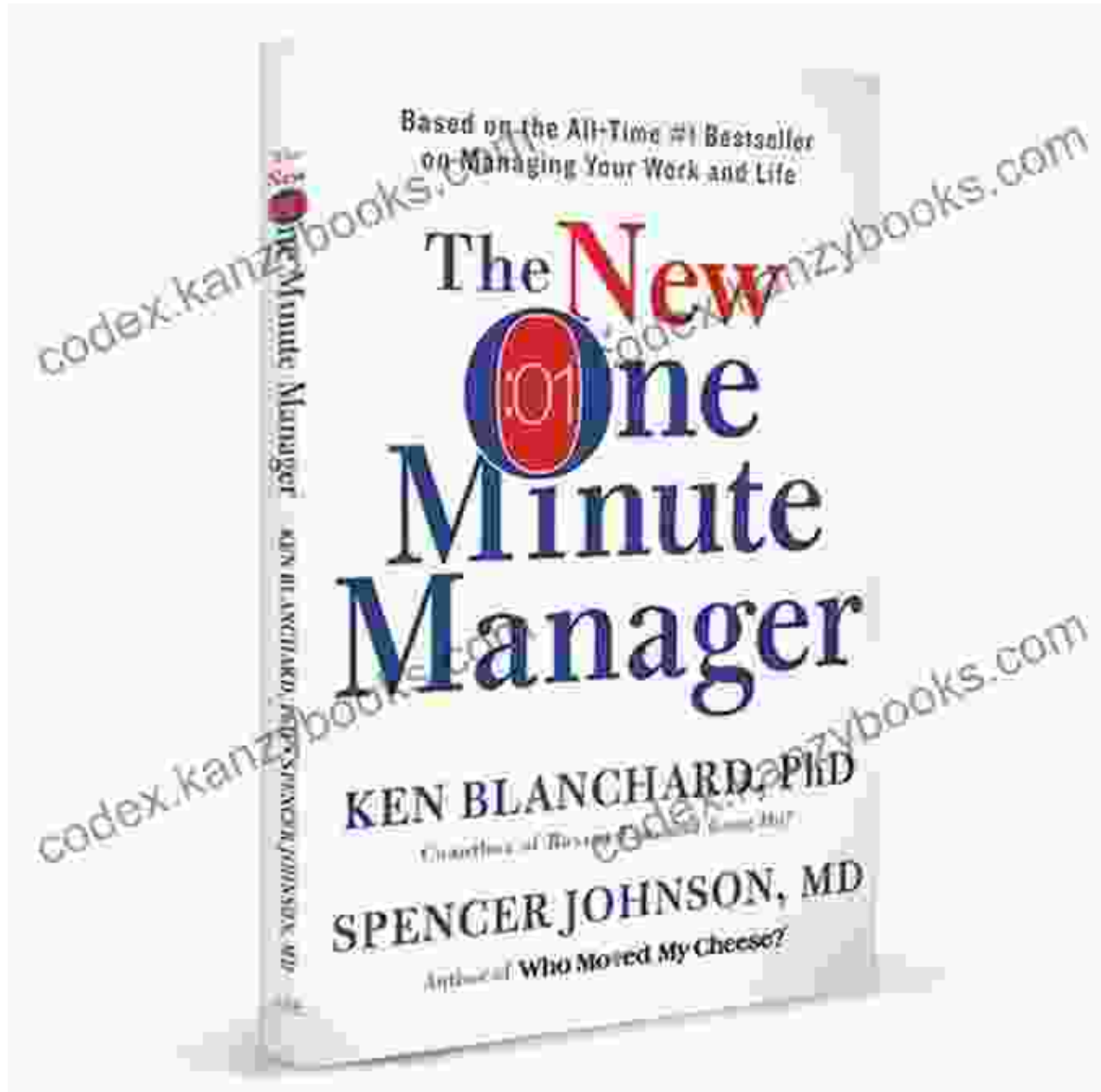


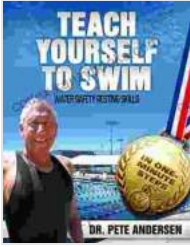
In One Minute Steps: The Ultimate Guide to Achieving Your Goals



**TEACH YOURSELF TO SWIM WATER SAFETY
RESTING SKILLS: IN ONE MINUTE STEPS**

by Dr. Pete Andersen

★★★★★ 5 out of 5



Language	: English
File size	: 16867 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 104 pages
Lending	: Enabled



Are you tired of setting goals that you never achieve? Do you find yourself procrastinating and getting sidetracked? If so, then In One Minute Steps is the book for you.

In One Minute Steps, you'll learn a simple and effective system for breaking down your goals into small, manageable steps that you can take in just one minute. This system will help you to overcome procrastination, stay motivated, and achieve your dreams.

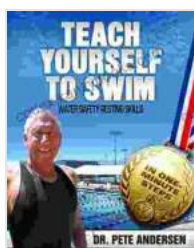
In One Minute Steps, you'll learn how to:

- Set goals that are specific, measurable, achievable, relevant, and time-bound (SMART)
- Break down your goals into small, manageable steps
- Create a plan for achieving your goals
- Overcome procrastination
- Stay motivated
- Achieve your dreams

In One Minute Steps is the ultimate guide to achieving your goals. This book will teach you everything you need to know to set goals, stay motivated, and achieve your dreams.

Free Download your copy of In One Minute Steps today and start achieving your goals!

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