

# Not Busy Enough: Discover the Secrets to Living a Fulfilling Life

By Diane Stein

In today's fast-paced world, it's easy to get caught up in the trap of being 'busy'. We're constantly checking our email, responding to text messages, and rushing from one meeting to the next. But what if we told you that being busy isn't a sign of success? In fact, it could be a sign that you're not living a fulfilling life.

In her groundbreaking book, *Not Busy Enough*, Diane Stein reveals the secrets to creating a life filled with purpose, passion, and joy. Stein argues that we've been sold a lie: that the more busy we are, the more successful we are. But the truth is, busyness is often a symptom of a deeper problem. We're busy because we're trying to avoid something else, whether it's our own thoughts and feelings or the difficult challenges of life.



## NOT BUSY ENOUGH by Diane Stein

★★★★☆ 4.4 out of 5

Language : English

File size : 921 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 24 pages

Lending : Enabled

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Stein offers a different way of living, a way that is based on intentionality and purpose. She challenges us to ask ourselves what we truly want out of life and then to make choices that are aligned with those goals. She also provides practical tools and exercises to help us overcome the obstacles that keep us from living a fulfilling life.

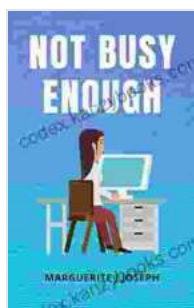
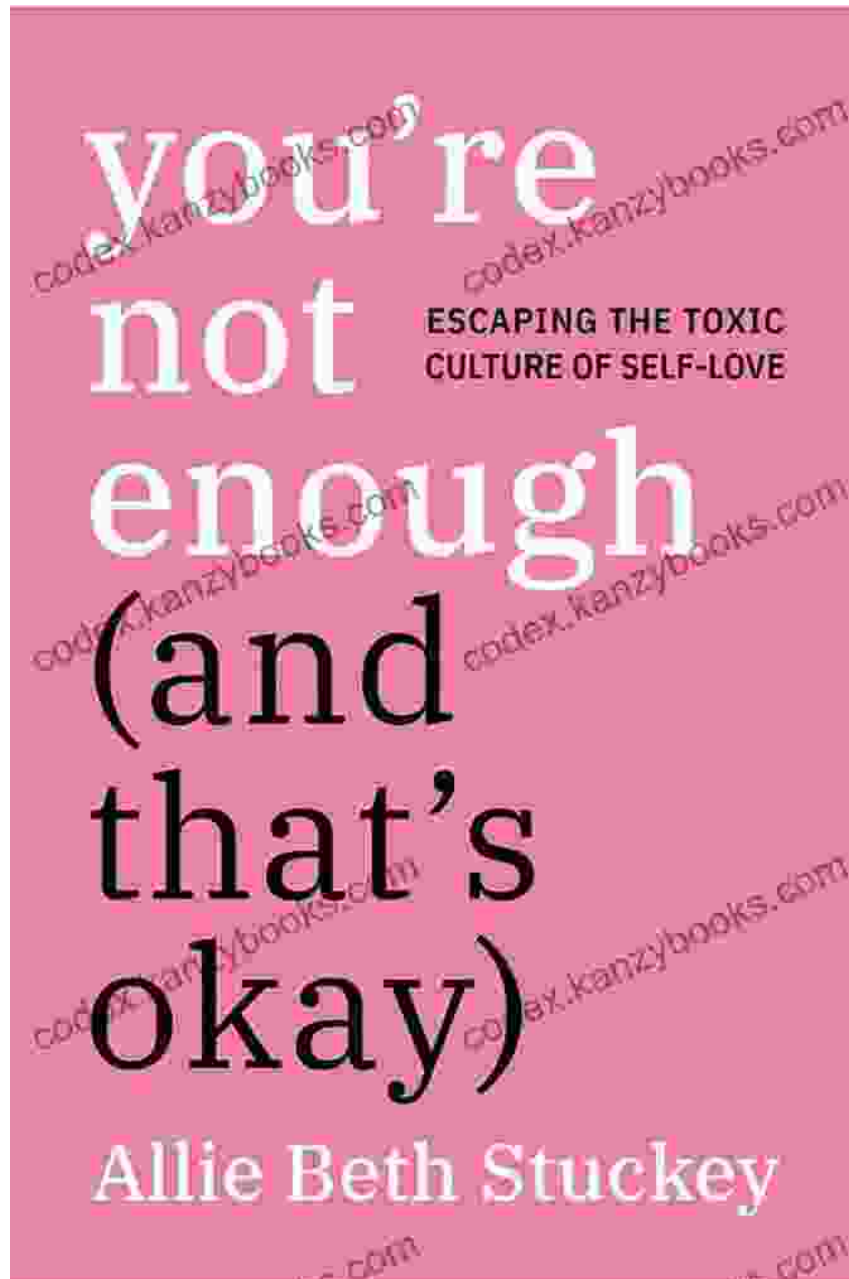
*Not Busy Enough* is a wake-up call for anyone who is feeling overwhelmed and unfulfilled. It's a book that will help you to rediscover your sense of purpose and to create a life that is truly worth living.

**Here are some of the key takeaways from *Not Busy Enough*:**

- Busyness is not a sign of success. In fact, it can be a sign that you're not living a fulfilling life.
- The key to a fulfilling life is to find your purpose and to make choices that are aligned with that purpose.
- There are many obstacles that can keep us from living a fulfilling life, but they can be overcome with intentionality and effort.
- It's never too late to make a change. You can start creating a more fulfilling life today.

**If you're ready to take control of your life and to live a more fulfilling life, then *Not Busy Enough* is the book for you.**

Free Download your copy today and start living the life you were meant to live.



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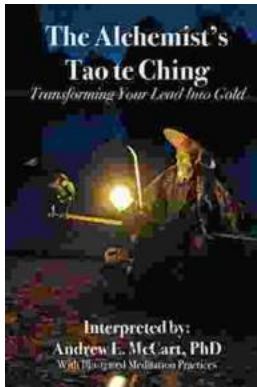
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