

Over 165 Ketogenic Recipes: Low Carb Slow Cooker Meals & Dump Dinners Recipes



Ketogenic Crockpot Recipes: Over 165+ Ketogenic Recipes, Low Carb Slow Cooker Meals, Dump Dinners Recipes, Quick & Easy Cooking Recipes, Antioxidants & ... Weight Loss Transformation Book Book 10)

by Don Orwell

★★★★★ 5 out of 5

Language : English
File size : 6157 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 243 pages
Lending : Enabled



If you're looking to switch to a low-carb or ketogenic diet, but are intimidated by the prospect of cooking new meals every day, then this cookbook is for you!

With over 165 easy-to-follow recipes, you'll have no shortage of delicious and nutritious meals to choose from. And because these recipes are designed for your slow cooker or dump dinners, you can cook them with minimal effort.

Whether you're a beginner or an experienced cook, you'll find something to love in this cookbook. The recipes are:

- **Quick and easy to prepare:** Most of the recipes can be prepped in 15 minutes or less, and most require only one pan or pot.
- **Perfect for busy weeknights:** Simply prep your ingredients in the morning, and dinner will be ready when you get home from work.
- **Wholesome and nutritious:** With a focus on whole, unprocessed ingredients, these recipes will help you feel your best.
- **Delicious and satisfying:** You won't believe how good low-carb cooking can taste!

What's Inside?

This cookbook includes a wide variety of recipes, including:

- **Soups and stews**
- **Main dishes**
- **Side dishes**
- **Desserts**

With so many options to choose from, you'll never get bored with your keto diet. And because the recipes are so easy to prepare, you'll actually enjoy cooking again!

Bonus: Dump Dinners Recipes

In addition to the 165 slow cooker recipes, this cookbook also includes a bonus section with 20 dump dinner recipes.

Dump dinners are a lifesaver on busy weeknights. Simply "dump" all of the ingredients into your slow cooker, and dinner will be ready when you get home.

The dump dinner recipes in this cookbook are:

- **Quick and easy to prepare**
- **Perfect for busy weeknights**
- **Wholesome and nutritious**
- **Delicious and satisfying**

Free Download Your Copy Today

If you're ready to start cooking delicious and nutritious low-carb meals, then Free Download your copy of Over 165 Ketogenic Recipes: Low Carb Slow Cooker Meals & Dump Dinners Recipes today.

You won't be disappointed!

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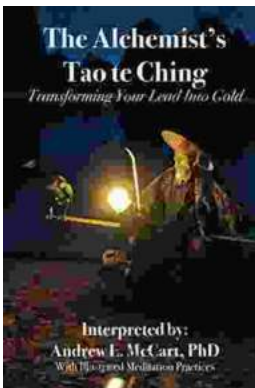


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