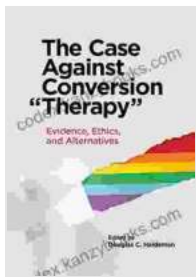


The Case Against Conversion Therapy: Unmasking the Harmful Practice

Conversion therapy, also known as sexual orientation change efforts (SOCE), is a discredited and harmful practice that aims to change a person's sexual orientation or gender identity. Despite its widespread condemnation, conversion therapy continues to be practiced in some parts of the world, putting the lives of LGBTQ+ individuals at risk.



The Case Against Conversion “Therapy”: Evidence, Ethics, and Alternatives by Douglas C. Haldeman

★★★★★ 5 out of 5

Language : English
File size : 3393 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 259 pages



The Devastating Consequences of Conversion Therapy

Numerous studies have documented the severe psychological and emotional harm caused by conversion therapy. These negative effects include:

- Increased risk of depression and anxiety
- Low self-esteem

- Suicidal thoughts and behaviors
- Substance abuse
- Relationship problems
- Externalizing of internal homophobia and biphobia

The Scientific Consensus Against Conversion Therapy

There is a clear scientific consensus that conversion therapy is ineffective and harmful. Major health organizations, including the American Psychological Association (APA), the American Medical Association (AMA), and the World Health Organization (WHO), strongly oppose the practice.

Studies have consistently failed to find any evidence that conversion therapy can change a person's sexual orientation or gender identity. In fact, some studies suggest that conversion therapy may actually reinforce negative feelings about being LGBTQ+.

Personal Testimonies of Harm

Countless LGBTQ+ individuals have shared their harrowing experiences with conversion therapy. These testimonies paint a vivid picture of the damage that this practice can cause.

One survivor, who underwent conversion therapy as a teenager, described it as "a form of torture." He said that the therapist used shame, guilt, and fear to try to change his sexual orientation. This experience left him with lasting trauma.

Another survivor, who was forced into conversion therapy by her parents, said that the experience made her feel "broken and worthless." She said that she struggled with depression and anxiety for years after the therapy.

The Legal Battles Against Conversion Therapy

In recent years, there has been a growing legal movement to ban conversion therapy. Several countries, including Canada, Malta, and Germany, have already passed laws that prohibit the practice.

In the United States, several states have also passed bans on conversion therapy for minors. However, these laws are often met with legal challenges from religious groups who argue that conversion therapy is a form of religious freedom.

The Urgent Need for Eradication

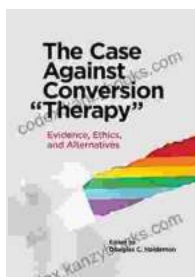
Conversion therapy is a dangerous and harmful practice that has no place in our society. It is an affront to the human rights of LGBTQ+ individuals and must be eradicated.

There are several steps that can be taken to end conversion therapy:

- Pass laws that ban conversion therapy for both minors and adults.
- Educate the public about the dangers of conversion therapy.
- Support organizations that provide counseling and other services to LGBTQ+ individuals who have been harmed by conversion therapy.
- Create a supportive environment where LGBTQ+ individuals feel safe and respected.

Conversion therapy is a barbaric practice that has no place in a civilized society. It is time to stand up for the human rights of LGBTQ+ individuals and put an end to this harmful practice once and for all.

The Case Against Conversion Therapy provides a comprehensive overview of the devastating consequences of this practice and the urgent need for its eradication. By educating ourselves and taking action, we can create a world where all LGBTQ+ individuals are free to live authentically and without fear.



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