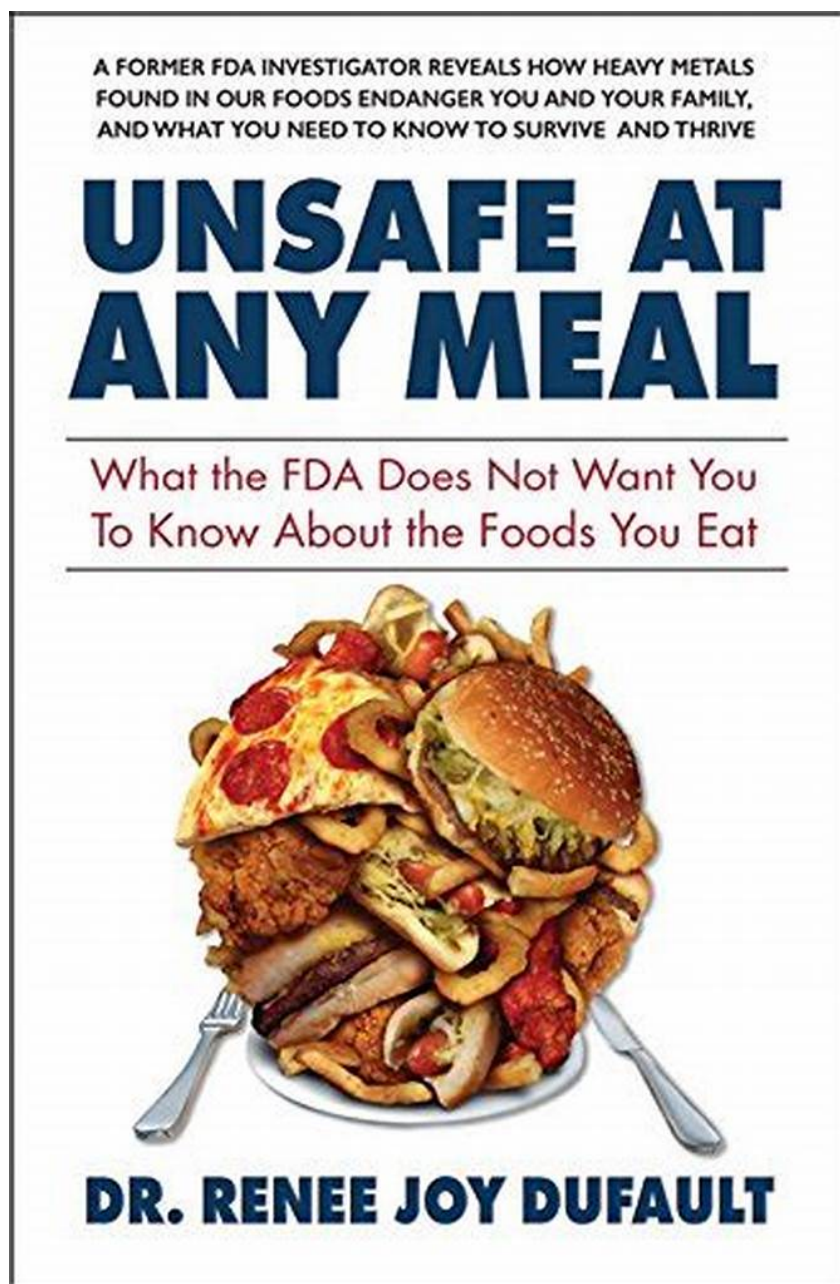
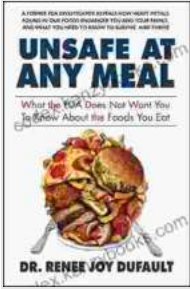


# What the FDA Doesn't Want You to Know About the Foods You Eat

by Dr. David Kessler



**Unsafe at Any Meal: What the FDA Does Not Want You  
to Know About the Foods You Eat** by Dr. Renee Joy Dufault



★ ★ ★ ★ ☆ 4.5 out of 5  
Language : English  
File size : 2558 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 243 pages



In this groundbreaking book, investigative journalist and food safety expert Dr. David Kessler reveals the shocking truth about the food industry and the FDA's complicity in allowing harmful foods to reach our tables.

Dr. Kessler draws on decades of experience to expose the hidden dangers lurking in our food supply. He reveals how the FDA has been captured by the food industry and how its policies have been shaped by corporate interests rather than public health.

Dr. Kessler's research shows that the FDA has:

- Allowed the use of harmful additives and preservatives in our food
- Failed to adequately regulate pesticides and herbicides
- Approved genetically modified organisms (GMOs) without long-term safety studies
- Permitted the use of antibiotics and hormones in livestock, leading to the development of antibiotic-resistant bacteria
- Ignored the dangers of environmental toxins in our food

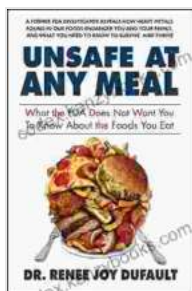
The result is a food supply that is increasingly toxic and unhealthy. Dr. Kessler shows how the FDA's failures have contributed to the rise of chronic diseases such as cancer, obesity, and diabetes.

But Dr. Kessler doesn't just expose the problems. He also offers solutions. He shows how we can create a food system that is safe, healthy, and sustainable.

*What the FDA Doesn't Want You to Know About the Foods You Eat* is a must-read for anyone who cares about their health and the future of our food supply.

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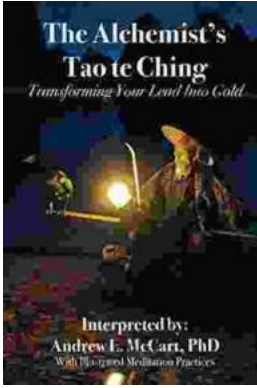


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